



Monday	Tuesday	Wednesday	Thursday	Friday
10/3/22	10/4/22	10/5/22	10/6/22	10/7/22
Line 1 Cheese and Pepperoni Stromboli or J. CLARK'S GRILLE Buffalo Chicken Dip with Tortilla Chips Choice of Milk and Fresh Vegetables Choice of Milk	Line 1 Sloppy Joe on a Bun or TACO TUESDAY Walking Taco Choice of Milk and Fresh Vegetables Choice of Milk	Line 1 Chicken Nuggets with a Dinner Roll or J. CLARK'S GRILLE Build-A-Burger Bar Choice of Fruit and Fresh Vegetables Choice of Milk	Line 1 General Tso's Chicken over Rice or J. CLARK'S GRILLE Chicken Patty Sandwich Bar Choice of Fruit and Fresh Vegetables Choice of Milk	Line 1 Hot/Mild Sausage Sandwich or J. CLARK'S GRILLE Fry-day Bar Choice of Fruit and Fresh Vegetables Choice of Milk
Fresh vegetables and fruits served every day are: Baby Carrots, Celery w/ Peanut Butter, Fresh Greens Side Salad, Apple Slices, Oranges				
10/10/22	10/11/22	10/12/22	10/13/22	10/14/22
Act 80 Day No School	Line 1 Philly Cheese Steak Sandwich or TACO TUESDAY Nachos Grande Choice of Fruit and Fresh Vegetables Choice of Milk	Line 1 Cheese Ravioli with a Garlic Breadstick or J. CLARK'S GRILLE Build-A-Burger Bar Choice of Fruit and Fresh Vegetables Choice of Milk	Line 1 Chicken Mashed Potato Bowl or J. CLARK'S GRILLE Chicken Patty Sandwich Bar Choice of Fruit and Fresh Vegetables Choice of Milk	Line 1 Macaroni & Cheese w/ Toppings or J. CLARK'S GRILLE Fry-day Bar Choice of Fruit and Fresh Vegetables Choice of Milk
Fresh vegetables and fruits served every day are: Baby Carrots, Celery w/ Peanut Butter, Fresh Greens Side Salad, Apple Slices, Oranges				
10/17/22	10/18/22	10/19/22	10/20/22	10/21/22
Line 1 Grilled Cheese Sandwich with Tomato Soup or J. CLARK'S GRILLE Buffalo Chicken Dip with Tortilla Chips Choice of Fruit and Fresh Vegetables Choice of Milk	Line 1 Chicken Parmesan Hoagie with Cheese or TACO TUESDAY Walking Taco Choice of Fruit and Fresh Vegetables Choice of Milk	Line 1 Chicken Tenders with a Dinner Roll or J. CLARK'S GRILLE Build-A-Burger Bar Choice of Fruit and Fresh Vegetables Choice of Milk	Line 1 Spaghetti and Meat Sauce with a Garlic Breadstick or J. CLARK'S GRILLE Chicken Patty Sandwich Bar Choice of Fruit and Fresh Vegetables Choice of Milk	Line 1 Pizza Party 4 kinds to choose from or J. CLARK'S GRILLE Fry-day Bar Choice of Fruit and Fresh Vegetables Choice of Milk
Fresh vegetables and fruits served every day are: Baby Carrots, Celery w/ Peanut Butter, Fresh Greens Side Salad, Apple Slices, Oranges				
10/24/22	10/25/22	10/26/22	10/27/22	10/28/22
Line 1 Breakfast for Lunch Tye-Dye Donuts, French Toast Sticks or J. CLARK'S GRILLE Buffalo Chicken Dip with Tortilla Chips Choice of Fruit and Fresh Vegetables Choice of Milk	Line 1 Chicken Pot Pie or TACO TUESDAY Nachos Grande Nachos Grande and Fresh Vegetables Choice of Milk	Line 1 BBQ Pork Rib Patty Sandwich or J. CLARK'S GRILLE Build-A-Burger Bar Choice of Fruit and Fresh Vegetables Choice of Milk	Line 1 Chicken Alfredo over Pasta or J. CLARK'S GRILLE Chicken Patty Sandwich Bar Choice of Fruit and Fresh Vegetables Choice of Milk	Line 1 Buffalo Chicken Sub or J. CLARK'S GRILLE Fry-day Bar Choice of Fruit and Fresh Vegetables Choice of Milk
Fresh vegetables and fruits served every day are: Baby Carrots, Celery w/ Peanut Butter, Fresh Greens Side Salad, Apple Slices, Oranges				
10/31/22	11/1/22	11/2/22	11/3/22	11/4/22
Vacation Day No School	Line 1 Cowboy Burger with cheese, onion ring and bbq or TACO TUESDAY Walking Taco Choice of Fruit and Fresh Vegetables Choice of Milk	Line 1 Grilled Chicken and Vegetable Pasta or J. CLARK'S GRILLE Build-A-Burger Bar Choice of Fruit and Fresh Vegetables Choice of Milk	Line 1 Chicken and Gravy over a Biscuit or J. CLARK'S GRILLE Chicken Patty Sandwich Bar Choice of Fruit and Fresh Vegetables Choice of Milk	Line 1 Macaroni & Cheese w/ Toppings or J. CLARK'S GRILLE Fry-day Bar Choice of Fruit and Fresh Vegetables Choice of Milk
Fresh vegetables and fruits served every day are: Baby Carrots, Celery w/ Peanut Butter, Fresh Greens Side Salad, Apple Slices, Oranges				
<p>Pepperoni Pizza</p> <p>Mozzarella Cheese Pizza Sticks</p> <p>Soft Pretzel w/ Cheese Sauce</p>		<p>Students may choose either of the hot entrées or from the following to make a reimbursable meal.</p>	<p>Crispy Chicken Salad Grilled Chicken Salad Yogurt Banana Split Turkey and Cheese Hoagie Ham and Cheese Hoagie</p>	

WHAT IS A SCHOOL LUNCH

Please choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of 1/2 cup of vegetable must accompany a school lunch to accommodate the free meal qualifications.

Meal Components offered daily are:
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white or chocolate



Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - white potatoes, corn, peas, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green beans, cabbage and green peppers

oranges, apples, bananas, pears, peaches, strawberries and applesauce

Student Reduced Lunch: .40
Student Paid Lunch: \$2.80
Student 2nd Meal: \$3.50
Adult Lunch: \$4.10



Let's Go Hornet Football



Menu is subject to change due to product availability

Tammy Vinglas, General Manager

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