



Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1/1/24	1/2/24	1/3/24	1/4/24	1/5/24
		Chicken Nuggets Buttered Corn  Choice of Fruit and Fresh Vegetables Choice of Milk	Macaroni and Cheese with Buffalo Chicken on the Side Steamed Broccoli Choice of Fruit and Fresh Vegetables Choice of Milk	Stuffed Crust Pizza and Crinkle Fries  Choice of Fruit and Fresh Vegetables Choice of Milk
1/8/24	1/9/24	1/10/24	1/11/24	1/12/24
Cheddar Cheese Pierogi Candied Carrots Choice of Fruit and Fresh Vegetables Choice of Milk <small>Fresh vegetables and fruits served every day are:</small>	Nachos Grande Steamed Broccoli  Choice of Fruit and Fresh Vegetables Choice of Milk <small>Fresh vegetables and fruits served every day are:</small>	Chicken Tenders with a Biscuit Cauliflower with Cheese Sauce  Choice of Fruit and Fresh Vegetables Choice of Milk <small>Fresh vegetables and fruits served every day are:</small>	Chicken Mashed Potato Bowl Buttered Corn Choice of Fruit and Fresh Vegetables Choice of Milk	Cheeseburger and Crinkle Fries  Choice of Fruit and Fresh Vegetables Choice of Milk <small>Fresh vegetables and fruits served every day are:</small>
1/15/24	1/16/24	1/17/24	1/18/24	1/19/24
<small>Fresh vegetables and fruits served every day are:</small>	Soft Shell Beef Taco Steamed Broccoli  Choice of Fruit and Fresh Vegetables Choice of Milk <small>Fresh vegetables and fruits served every day are:</small>	Chicken Patty Sandwich Sweet Peas  Choice of Fruit and Fresh Vegetables Choice of Milk <small>Fresh vegetables and fruits served every day are:</small>	Spaghetti and Meatballs with a Garlic Breadstick  Choice of Fruit and Fresh Vegetables Choice of Milk	Pepperoni Pizza and Crinkle Fries  Choice of Fruit and Fresh Vegetables Choice of Milk
1/22/24	1/23/24	1/24/24	1/25/24	1/26/24
BBQ Pork Rib Sandwich Green Beans Choice of Fruit and Fresh Vegetables Choice of Milk <small>Fresh vegetables and fruits served every day are:</small>	Walking Taco Candied Carrots  Choice of Fruit and Fresh Vegetables Choice of Milk <small>Fresh vegetables and fruits served every day are:</small>	Chicken Nuggets Buttered Corn  Choice of Fruit and Fresh Vegetables Choice of Milk <small>Fresh vegetables and fruits served every day are:</small>	Grilled Cheese Sandwich with Tomato Soup Choice of Fruit and Fresh Vegetables Choice of Milk	Cheeseburger and Crinkle Fries  Choice of Fruit and Fresh Vegetables Choice of Milk <small>Fresh vegetables and fruits served every day are:</small>
1/29/24	1/30/24	1/31/24	2/1/24	2/2/24
Sloppy Joe Tater Tots  Choice of Fruit and Fresh Vegetables Choice of Milk <small>Fresh vegetables and fruits served every day are:</small>	Nachos Grande Steamed Broccoli  Choice of Fruit and Fresh Vegetables Choice of Milk <small>Fresh vegetables and fruits served every day are:</small>	Chicken Tenders with a Biscuit Cauliflower with Cheese Sauce  Choice of Fruit and Fresh Vegetables Choice of Milk <small>Fresh vegetables and fruits served every day are:</small>	Breakfast for Lunch Tye-Dye Donuts French Toast Sticks Sausage Patty Hashbrown Patty Choice of Fruit and Fresh Vegetables Choice of Milk	Deep Dish Pizza and Crinkle Fries  Choice of Fruit and Fresh Vegetables Choice of Milk
Buffalo Chicken Dip with Chips	BYO Flatbread Pizza		Tortilla Chips with Cheese Sauce	Italian Pepperoni and Cheese
Smucker's PB&J	Ham & Cheese with Crackers	Tortilla Chips with Cheese Sauce	Breadsticks with Sauce	Grilled Chicken
Super Fruit				Walking Taco

Craveables are offered daily as an alternate reimbursable meal.

January's Nutritious Friend is: Quirky Quinoa
Be sure to look for samples on your cafeteria serving line.

Tammy Vinglas, General Manager

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USDA is an equal opportunity provider and employer

Menu is subject to change due to product availability

Student Reduced Lunch: Free
Student Paid Lunch: \$2.70
Student 2nd Meal: \$3.40
Adult Lunch: \$4.25



WHAT IS A SCHOOL LUNCH

Please choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a school lunch to accommodate the free meal qualifications.

Meal Components offered daily are:
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white or chocolate



Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - white potatoes, corn, peas, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green beans, cabbage and green peppers

Daily Fruit Selections May Include:

oranges, apples, bananas, pears, peaches, strawberries and applesauce

Students may choose the hot entrée or from the following:



**Crispy Chicken Salad
Grilled Chicken Salad**

**Turkey and Cheese Hoagie
Ham and Cheese Hoagie**



**January's Nutritious Friend:
Quirky Quinoa**